

# The Lord's Prayer

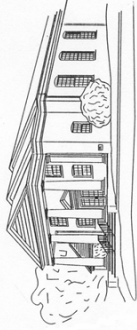
*(traditional words to the Our Father)*

*Our Father, which art in heaven, Hallowed be thy Name. Thy Kingdom come. Thy will be done in earth, As it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation, But deliver us from evil. For thine is the kingdom, The power, and the glory, For ever and ever. Amen.*

*(Taken from the Anglican Book of Common Prayer, 1662)*

## Asheboro Friends Meeting

PO Box 987  
Asheboro, NC 27204-0987



# Asheboro Friends Meeting

East Kivett and Main Streets  
Asheboro, North Carolina

Mailing Address  
PO Box 987, Asheboro, NC 27204-0987



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"I Have Called You Friends"

John 15:15

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David Millikan, Pastor

Cynthia Pierce, Youth Director

Church Phone: 336-625-3803

Pastor's Study: 336-629-2858

Pastor Cell Phone: 336-689-4275

Youth Director: (H) 336-629-6430 (C) 336-953-2675

Email: [asheborofriends@yahoo.com](mailto:asheborofriends@yahoo.com)

Website: [www.asheborofriends.org](http://www.asheborofriends.org)





## Asheboro Friends Meeting

A Message from your Pastor & Parker J. Palmer - May 15, 2024

Walking to Oak-Head Pond, and Thinking of the Ponds I Will Visit  
in the Next Days and Weeks — Mary Oliver

What is so utterly invisible as tomorrow? Not love, not the wind,  not the inside of stone. Not anything. And yet, how often I'm fooled— I'm wading along  in the sunlight— and I'm sure I can see the fields and the ponds shining days ahead— I can see the light spilling  like a shower of meteors into next week's trees, and I plan to be there soon— and, so far, I am  just that lucky, my legs splashing	over the edge of darkness, my heart on fire. I don't know where such certainty comes from— the brave flesh or the theater of the mind—  but if I had to guess I would say that only what the soul is supposed to be could send us forth  with such cheer as even the leaf must wear as it unfurls its fragrant body, and shines  against the hard possibility of stoppage— which, day after day, before such brisk, corpuscular belief, shudders, and gives way.
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Here's Mary Oliver, reflecting on how we keep assuming we'll be given another day, even though tomorrow is never guaranteed. Instead of calling us foolish for acting as if tomorrow were in the bag, she celebrates the fact that life's most basic impulse is to keep on living, no matter the odds. In the words of that old joke, MO would never have said, "At my age, I don't even buy green bananas."

In a famous line from another poem, she asks, "Tell me, what is it you plan to do / with your one wild and precious life?" She wants us to be animated not by fear but by the soul that keeps sending us forth "with such cheer."

Memo to Self: Keep leaning into life until you can't. Live each moment as if there will be another and another, even though you know full-well they won't go on forever. Everyone gets one wild and precious life, so keep on buying green bananas!

*Mary Jane Oliver (September 10, 1935 – January 17, 2019) was an American poet who won the National Book Award and the Pulitzer Prize. Her work is inspired by nature, rather than the human world, stemming from her lifelong passion for solitary walks in the wild.*

*Parker Jay Palmer is an American Quaker author, poet, educator, and activist who focuses on issues in education, community, leadership, spirituality and social change. He describes himself thusly:*

*POETRY + PROSE + POLITICS: Pro-democracy, Pro-civil discourse, Pro-decency  
[Palmer's 10 books are available at [tiny.cc/qocmuz](http://tiny.cc/qocmuz) AND <http://tiny.cc/5rcmuz>.]*

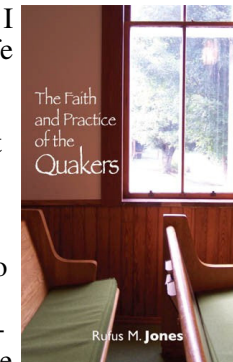
*Cover painting A Quiet Pond by Albert Bierstadt*

## Excerpt: "The Covenant of Peace"

"I told them," he says, "that I lived in the virtue of that life and power that takes away the occasion of all wars...I was come into the covenant of peace which was before wars and strifes were." It was a remarkable position for a young [George Fox] to take and it was oddly enough expressed. The covenant of peace into which he had come was almost certainly in his mind the life of the Spirit. He felt that he was raised to the nature and type of the new Adam and was forever done with the ways of the Adam who fell, and it seemed to him that the new and higher life entailed a spirit and method of life which were essentially Christlike. It is a way of life that practices love and forbearance. It seeks to give rather than to get. It conquers by grace and gentleness. It prefers to suffer injustice than in the slightest degree to do it. It wins and triumphs by sacrifice and self-giving. It spreads abroad an atmosphere of trust and confidence and proposes to prepare the way for a new world by creation of a new spirit which is essentially the spirit of the Cross. If every one lived thus, there would be no occasion of war but a covenant of peace."

Excerpt from *The Faith and Practice of the Quakers*, Rufus M. Jones, pp. 111–112 — available to purchase on the FUM Online Bookstore.

Frederick B. Speakman tells of a little old lady who visited Westminster Abbey. "She glanced at every stone and symbol and inscription with the steady eyes of hungry interest, yet silently conveyed the idea that she wasn't about to be impressed. And when at last she spoke, it was to break into the guide's comments with a question that left the guide slack-jawed and puzzled. With one quick gesture she swept Westminster Abbey, that citadel of church tradition, that rich storehouse of historic Christian greatness, and said, 'Young man, stop your chatter and tell me, has anyone been saved here lately?'"



## Birthdays & Anniversaries

B Scarlett Pell Brooks — May 23

## CUOC for May:

Spaghetti Noodles

## March Financial Report:

Income:	\$ 8,693.01
Expenses:	\$ 9,249.28
Gen Fund Balance:	\$ 31,198.64

**Give to Asheboro Friends Meeting** online at [www.asheborofriends.org](http://www.asheborofriends.org). Support our ministries by clicking on the "Give to AFM" icon supported by our partnership with Tithe.ly and following the simple instructions. Use your smart phone by scanning the QR code located on the front cover of this newsletter.

## In Case You Were Wondering...

How do cicadas make noise? The cicada sound is created by tymbals, which are specialized structures found on the abdomen of the males. Male cicadas can make the sound by vibrating abdominal muscles quickly which then cause the tymbals to move and create the sound. Along with buzzing and squawking, cicadas are also known to produce rhythmic ticks, high-pitched whines, and an even more musical-sounding song. Despite the sometimes deafening sounds they produce and the fact that they are descending upon us by the millions this spring, cicadas are harmless, to both humans and our pets. We will only get to enjoy them for a few more weeks.



**Randolph Christian Men**  
CUOC Food Benefit Breakfast  
9 am June 1, 2024  
West Asheboro Church of God  
197 Lewallen Rd., Asheboro, NC

focus on the CANS and not the CANT'S

## Special Guest Speaker

Former Pittsburgh Steeler

**Tim Worley**



If you are interested in going contact David Millikan.





# Ladies' Bible Study

DairiO has sponsored a Men's Bible Study each Wednesday morning for several years. Sixty-two ladies attended the first Ladies' Bible Study on Thursday March 14, 2024!

All ladies are invited to attend each Thursday at 8:30 am.

**All ladies welcome! There is no charge! Yes, FREE!**

FUM's annual Stoking the Fire retreat will be held May 17-19, 2024 at Friends United Meeting headquarters in Richmond, Indiana, in conjunction with Quaker Hill Conference Center. This annual retreat is for those afire with the Holy Spirit, who seek deeper faith and bolder witness. Through worship, learning, and fellowship, we will open ourselves to Christ's presence, and allow the Spirit to work within us as we seek together to explore our fire. Early registration discount ended April 1, 2024. Register now at <https://www.friendsunitedmeeting.org/connect/stoking-the-fire>



**NO KID SLEEPS ON THE FLOOR IN OUR TOWN!**

*Sleep in Heavenly Peace* (SHP) is a volunteer-driven nonprofit dedicated to building and delivering hand-made, fully furnished beds to children in need. SHP's mission is to tackle childhood bedlessness, which we estimate to affect nearly 3% of the population.

Along with CUOC, other local churches, and individuals we are starting a local chapter of SHP in Asheboro and Randolph County. We will go for training in August, but fund raising is being done at this time.

You can support our Randolph/Asheboro chapter in any or all of the areas listed below. You have one or more God-given talents that will enhance the lives of children in need.

**Once we are organized and running this is how the process works!**



**Anyone and everyone of any skill level can be a part of this ministry!**  
**Please be in prayer how you can be a part of this exciting opportunity in our town!**

## Asheboro Friends Prayer List May 15, 2024

### Members

- Becky Boone
- Carol Bullins
- Jackie & Pat Cole
- Susie Dunn
- Ava Grace Fogleman
- Bret Lambert
- Linda Lanier
- Helen Marley
- Carol Meiers
- Danica Pierce
- Mary Ella Pugh
- Esther Underwood
- Family of Danny West
- Tina Williams
- Vernon Wilson
- Hal & Jan Winslow

### Hospitals & Nursing Homes

- Brookdale, Rock Hill, SC:
  - Harry Hudson
- Rose Glen Manor Assisted Living:
  - Becky Craven
- Sandy Ridge Memory Care:
  - Linda Moody
- Terra Bella:
  - Hal Powell

### Law Enforcement & Services

- Jeremy Callicutt
- Evan Underwood
- Stephen Vaughn
- Asheboro Police Department
- Asheboro Fire Department
- Randolph County Sheriff's Office

### Missions

- Chosen People Ministries - The Arnolds
- Gideon Ministries
- HASTEN International
- Nikki Holland—Belize
- Lydia's Place
- Neighbors Helping Neighbors & CUOC
- Sleep in Heavenly Peace
- The Friends Center MOWA
- Jonathan Spainhour

### Ministers & Staff

- David Millikan
- David Peters
- Cynthia Pierce
- Mike Wall



### Friends

- Charles Allen
- Judy Barnes
- Julia Barnes
- Alice Beasley
- Logan Brooks
- Suzanne Brown
- Barbara Bullin
- Larry Byrd
- Ethan Clarke (cancer)
- Eddie Coggins
- Betty Cox
- Carson Daves
- Gwen Davis
- Ann White Felton
- Rita Bass Ford
- Angela Frye
- Vickie Frye (cancer)
- Ruby Gainey
- Treva Gallimore
- Ricky Harris
- Roger Hatchel (cancer)
- Frank Horton
- Pat Hussey
- Bill Ivey
- Karen Jacobs
- Rick Johnson
- Karan Kemp
- Ray Lambe
- Ben Lewis (cancer)
- Twyla Little
- Libby McNeil
- Jeremy Moore
- Renee Nelson
- Tony Norris
- Don Osborne
- Jackie Parks
- Linda Poole (cancer)
- Loyd Pugh (cancer)
- Kaffy Reynolds
- Jennifer Ruff (cancer)
- Family of Gil Sides
- Ron Smith
- Darrell Swaney
- Pam Thomas
- Brenda & Donald Tucker
- Joe & Michelle Weaver
- Dolan Williams
- Claude Winslow



**Our World, Israel & The Ukraine**  
**Asheboro Friends Meeting & Kids Klub**  
**Friends Church of NC & Contentnea Quarter**  
**Friends Disaster Service**  
**First Responders & Healthcare Workers**  
**All Our Elected Officials**  
**Unspoken Requests & Unsaved Family & Friends**

Please submit additions to our prayer list:  
 Email: [asheborofriends@yahoo.com](mailto:asheborofriends@yahoo.com)  
 Phone: (336) 625-3803 or (336) 689-4275



# Observations After a Tornado

Today we sat in the Winchester (Indiana) Ministerial Association meeting listening to the story of the complete destruction of one of the three churches destroyed in the tornado seven weeks ago. There were five people in the building when the thirty-five-year-old church building was literally blown apart. Only one person had injuries. Last week, we talked with a friend in their 80s who is still struggling with the decision of whether to rebuild their destroyed home or just buy another home someplace else. We hear every day the agony of decision after decision needing to be made about home repairs or rebuilding homes that will cost hundreds of thousands of dollars more than what insurance will offer. These stories are difficult to hear and the trauma is still raw after almost two months.



The violence of the tornado affected the whole community. Destruction is still visible to everyone, every day. Those who did not lose a home may have lost their employment at the local nursing home or restaurant. The loss of power in the community for days meant spoiled food for many who were already food insecure. The randomness of a tornado is no respecter of wealth or age, whether you had insurance or not. As the weeks go by, many are discovering hidden damage to roofs and structures and are thrown into turmoil with decisions and repairs and struggling with insurance companies. It feels like almost everyone is discovering they were underinsured after dealing with insurance companies and depreciation. I ask everyone from outside our community, "Do you know what your insurance policy will cover in a natural disaster?"

This tornado in Winchester, Indiana, has been especially hard on the elderly. A large nursing home was destroyed and will not be rebuilt, sending all the residents out of the community. An assisted living facility had extensive damage and the thirty-five residents are now housed in a local hotel and will be for the next six to nine months while repairs are made. Most of the independent living condos surrounding the assisted living building were damaged, and three or four completely destroyed. These retired friends are also in a hotel or with family for the next coming months.

The Federal Emergency Management Agency (FEMA) has communicated that it will not help Winchester recover and the city has formed a Long-Term Recovery Team and is currently trying to raise six million dollars to make the community whole again. This is just to help nonprofit organizations help the uninsured or underinsured. It is a complicated, long process to recover and it has just begun. Winchester Friends received generous donations from individuals and the wider Society of Friends over the past weeks. These funds are being used for individuals who are uninsured or underinsured and have emergency needs or to help with professional home inspections. From our own funds we will help the three other churches destroyed by the tornado.

And then there are the trees. One of the members of our Meeting lost over forty trees on his acreage, including four large apple trees. For Earth Day this year, our Missions Committee helped them purchase three apple trees to begin the process of undoing the damage done by this tornado to the trees in our county. One Friend has decided it is time to lobby our state legislature to make purchasing and planting trees tax deductible. It will help our planet and our county in the aftermath of a tornado. It only makes sense.

At the Ministerial Association meeting today, we all talked of the miracle of no deaths the night of the tornado. We did lose one person several weeks after the event, but we know this violent tornado could have been much worse. All we have to do is watch the evening news to see this destruction happening again and again all across our country. This past Sunday, our faith community celebrated our 151st year here in Winchester and we know we are called to be present at this time to our community. These next several years will be filled with hard work and we are privileged to participate. We are grateful for the help sent our way in the aftermath of this violence by so many across Friends United Meeting.

—Pam Ferguson, Winchester Friends Meeting, May 8, 2024

# Kids Klub News

Upcoming Event



## CAR WASH / Yard Sale

(Saturday ONLY)

**Friday & Saturday, June 14-15, 2024**

**Help Our Kids Help Other Kids**  
**Proceeds donated to the three**  
**Asheboro Friends Class Act Teams**  
**for beginning of school supplies**



*How can you help?*



- 1. Rent a yard sale table for only \$25.00 and keep all the money you make. (Contact Cynthia Pierce ASAP.)**
- 2. Donate items for the Kids Klub tables.**
- 3. Get your vehicles hand washed and detailed.**
- 4. Come purchase items for sale.**
- 5. Donate Money.**

