

Quaker Quote

Sweet is this state, though low: for in it I receive my daily bread, which is given of the Lord; for I cannot live to him, but as he breathe the breath of life upon me every moment.

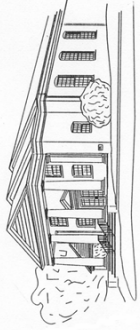
~ Mary Penington, 1623-1682

But he answered, "It is written, "Man shall not live by bread alone, but by every word that comes from the mouth of God.""

~ Matthew 4:4 (ESV)

Asheboro Friends Meeting

PO Box 987
Asheboro, NC 27204-0987



Asheboro Friends Meeting

East Kivett and Main Streets
Asheboro, North Carolina

Mailing Address
PO Box 987, Asheboro, NC 27204-0987



"I Have Called You Friends"

John 15:15

David Millikan, Pastor
Cynthia Pierce, Youth Director
Church Phone: 336-625-3803
Pastor's Study: 336-629-2858
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Youth Director: (H) 336-629-6430 (C) 336-953-2675
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Asheboro Friends Meeting

A Message from your Pastor & Parker J. Palmer — July 15, 2024

The Peace of Wild Things

When despair for the world grows in me
and I wake in the night at the least sound
in fear of what my life and my children's lives may be,
I go and lie down where the wood drake
rests in his beauty on the water, and the great heron feeds.
I come into the peace of wild things
who do not tax their lives with forethought
of grief. I come into the presence of still water.
And I feel above me the day-blind stars
waiting with their light. For a time
I rest in the grace of the world, and am free.

—Wendell Berry

Great poems connect us at the soul. They give us a sense that the poet somehow knew where and how we would be when we find the poem, or the poem finds us!

For me, "The Peace of Wild Things" by Wendell Berry is such a poem. Every time I encounter it, I wonder how Berry could have known that I'd be seeking reassurance in this moment?

When despair grows in us, we can count ourselves lucky if we have easy access to wild nature. But for those of us who don't, this poem, read with an active imagination, can "take us there."

Normally, I can't "lie down where the wood drake rests in his beauty on the water." But given Berry's gift of words, I can rest my soul in the beauty of this poem. And at <https://tinyurl.com/yx4of6ok>, I can rest in the sound of Berry reading it...

Wendell Erdman Berry (born August 5, 1934) is an American novelist, poet, essayist, environmental activist, cultural critic, and farmer. On January 28, 2015, he became the first living writer to be inducted into the Kentucky Writers Hall of Fame.

Parker Jay Palmer is an American Quaker author, poet, educator, and activist who focuses on issues in education, community, leadership, spirituality and social change. He describes himself thusly:

*POETRY + PROSE + POLITICS: Pro-democracy, Pro-civil discourse, Pro-decency
[Palmer's 10 books are available at tiny.cc/qocmuz AND <http://tiny.cc/5rcmuz>.]*

Cover photograph The Great Blue Heron by Doreen Hall

Birthdays & Anniversaries

A Larry & Helen Marley — July 21
B Betty Hinshaw — July 26
A Stephen & Lisa Vaughn — July 26
B Connor Vaughn — July 28
A Hal & Jan Winslow — July 28
B Linda Brooks — July 29
B Mary Ella Pugh — July 31

CUOC for July

Chef Boyardee

June Financial Report:

Income:	\$ 9,013.05
Expenses:	\$ 8,950.27
Gen Fund Balance:	\$ 29,955.07

Give to Asheboro Friends Meeting online at www.asheborofriends.org. Support our ministries by clicking on the "Give to AFM" icon supported by our partnership with Tithe.ly and following the simple instructions. Use your smart phone by scanning the QR code located on the front cover of this newsletter.



All the performances of human art, at which we look with praise or wonder, are instances of the resistless force of perseverance; it is by this that the quarry becomes a pyramid, and that distant countries are united with canals. If a man was to compare the single stroke of the pickaxe, or of one impression of the spade, with the general design and the last result, he would be overwhelmed by the sense of their disproportion; yet those petty operations, incessantly continued, in time surmount the greatest difficulties, and mountains are leveled and oceans bounded by the slender force of human beings.

— Samuel Johnson

Excerpt: "There is No Difference"



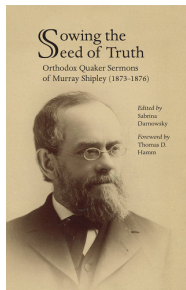
I visited the room in The Bank of England where the gold is tried by weighing—that is, brought into this government agency. A delicate machine is so arranged as to carry steadily forward to the scales piece after piece to be weighed; the forward motion is very slow but very certain. The

time of trial is approaching, and as you watch, the row of gold coin pieces gradually advancing, the thought [comes] of the final judgment when it shall be said, "He that is unjust, let him be unjust still: and he which is filthy, let him be filthy still: and he that is righteous, let him be righteous still: and he that is holy, let him be holy still. And behold, I come quickly; and my reward is with me, to give every man according as his work shall be."

Gradually as the piece approached the scale, you saw the moment had arrived. Another moment it was weighed, and the least single gram of deficiency from the standard determined the matter as well as for those that were many grams deficient. They were all equally cast out on the left hand, while those of standard weight passed to the right. For there was no difference—they came short.

He shall say to those on the left, "Depart from me," and to those on the right, "Come, inherit."

For there is no difference. A man is just as much in the United States when he is in New York as when he reaches the center of the continent. In former days, the slave who fled from the United States, when he landed in Canada, was as free as when he crossed to England. And while we are all ready to cry out against the large crimes so prevalent, let us remember "he that is unjust in the least is unjust also in much." There is no difference. [Jesus] speaks to the man that is only an inch within the forbidden territory. The soul that sinneth, it shall die. For all have sinned and come short of the glory of God. There is no difference.



— Murray Shipley

An excerpt from *Sowing the Seed of Truth: Orthodox Quaker Sermons of Murray Shipley (1873-1876)*, edited by Sabrina Darnowski; published by Friends United Press and available through the FUM online bookstore.

Friends United Press is delighted to announce that *Sowing the Seed of Truth* has arrived in our warehouse. Our new book sale price on *Sowing the Seed of Truth* will last until August 15, 2024.



The light checks you, when you speak an evil word, and tells you that you should not be proud or unrestrained, nor fashion yourselves like the world; for the fashion of this world passes away.

~ George Fox, 1624-1691

Christians United Outreach Center
PRESENTS

Randolph's
Got Talent
Variety Show

Funds Support the
Ministries of CUOC

AVS Banquet Centre
Friday, July 19, 2024 6:30 PM
Tickets are \$60.00
Includes Dinner and the Show

Contestants Include:

Brandon Shepherd

Denise Wilson

Makaylah Hunter



NO KID SLEEPS
ON THE FLOOR
IN OUR TOWN!

Sleep in Heavenly Peace (SHP) is a volunteer-driven nonprofit dedicated to building and delivering hand-made, fully furnished beds to children in need. SHP's mission is to tackle childhood bedlessness, which we estimate to affect nearly 3% of the population.

The NC-Randolph Co chapter is becoming a reality!

David Millikan, Jacob Wright, and Stephanie Wright will travel to Lehi, UT for training August 16-17. Checks may be made to Sleep in Heavenly Peace (indicate NC-Randolph Co chapter in the memo line) and delivered or mailed to Asheboro Friends Meeting.

You have one or more God-given talents that will enhance the lives of children in need.

Once we are organized and running this is how the process works!



Anyone and everyone of any skill level can be a part of this ministry!

Please be in prayer how you can be a part of this exciting opportunity in our town!

Asheboro Friends Prayer List July 15, 2024

Members

- Becky Boone
- Carol Bullins
- Jackie & Pat Cole
- Susie Dunn
- Ava Grace Fogleman
- Linda Lanier
- Twyla Little
- Helen Marley
- Carol Meiers
- Family of Linda Moody
- Mary Ella Pugh
- Esther Underwood
- Family of Danny West
- Tina Williams
- Vernon Wilson
- Hal & Jan Winslow

Hospitals & Nursing Homes

- Brookdale, Rock Hill, SC:
Harry Hudson
- Rose Glen Manor Assisted Living:
Becky Craven
- Terra Bella:
Hal Powell

Law Enforcement & Services

- Jeremy Callicutt
- Evan Underwood
- Stephen Vaughn
- Asheboro Police Department
- Asheboro Fire Department
- Randolph County Sheriff's Office

Missions

- Chosen People Ministries - The Arnolds
- Friends Disaster Service
- Gideon Ministries
- HASTEN International
- Nikki Holland—Belize
- Lydia's Place
- Neighbors Helping Neighbors & CUOC
- Sleep in Heavenly Peace
- The Friends Center MOWA
- Jonathan Spainhour

Ministers & Staff

- David Millikan
- David Peters
- Cynthia Pierce
- Mike Wall

Friends

- Charles Allen
- Judy Barnes
- Julia Barnes
- Alice Beasley
- Logan Brooks
- Suzanne Brown
- Barbara Bullin
- Larry Byrd
- Ethan Clarke
- Eddie Coggins
- Betty Cox
- Carson Daves
- Gwen Davis
- Jenny Ellington
- Candie Evavold
- Lauren Evavold
- Ann White Felton
- Rita Bass Ford
- Craig Frazier
- Angela Frye
- Vickie Frye
- Ruby Gainey
- Treva Gallimore
- Ricky Harris
- Frank Horton
- Family of Wade Huggins
- Pat Hussey
- Bill Ivey
- Karen Jacobs
- Rick Johnson
- Ray Lambe
- Ben Lewis
- Jeremy Moore
- Renee Nelson
- Tony Norris
- Don Osborne
- Jackie Parks
- Linda Poole
- Family of Loyd Pugh
- Kaffy Reynolds
- Jennifer Ruff
- Family of Gil Sides
- Ron & Judy Smith
- Darrell Swaney
- Pam Thomas
- Tanya Trogdon
- Family of Kenneth Venable (Terry's father)
- Joe Weaver
- Family of Michelle Weaver
- Christy Welch
- Dolan Williams
- Claude Winslow



Our World,
Israel & The Ukraine
Asheboro Friends Meeting
Kids Klub
Friends Church of NC
Contentnea Quarter
First Responders
Healthcare Workers
All Our Elected Officials
Unspoken Requests
Unsaved Family & Friends

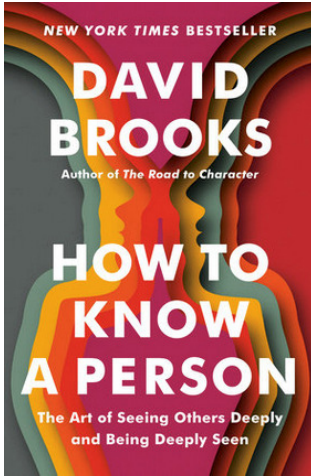


Please submit additions to our prayer list:
Email: asheborofriends@yahoo.com
Phone: (336) 625-3803 or (336) 689-4275

FUM Will Host Book Study Group

“Wise people don’t just possess information;
they possess a compassionate understanding of other people.”

—David Brooks



This fall, Friends United Meeting will host conversations based on the book *How to Know a Person: The Art of Seeing Others Deeply and Being Deeply Seen*, by David Brooks. This book study offers an opportunity for deepening relationships and communities.

David Brooks writes:

The real act of, say, building a friendship or creating community involves performing a series of small, concrete social actions well: disagreeing without poisoning the relationship; revealing vulnerability at the appropriate pace; being a good listener; knowing how to end a conversation gracefully; knowing how to ask for and offer forgiveness; knowing how to let someone down without breaking their heart; knowing how to sit with someone who is suffering; knowing how to host a gathering where everyone feels embraced; knowing

how to see things from another’s point of view.

Brooks’s list of social actions recalls the familiar verse from Galatians 5:22-23, “But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law.”

Please complete the online form at this link to let us know of your interest and availability: https://bit.ly/FUM_book_2024.

If a broadened and deepened sense of community and connectedness is something you desire, please complete the interest form and consider joining us this fall. — Michael Sherman

National Ice Cream Day

CELEBRATE !!

Sundaes on Sunday

with Asheboro Friends

Sunday, July 21, 2024 3:00 PM

in the Fellowship Hall

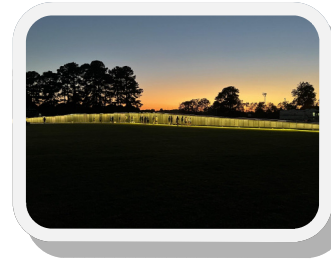
Bring a friend or two



Kids Klub News

Visit to The Wall That Heals

Saturday, June 22, 2024



Patriotic Bracelets & Hot Dogs

Wednesday, July 3, 2024

